

FIS children rules

1. Slopes homologation

All slopes for the FIS Children race have to have the homologation by FIS or by own National Ski Association

2. Members of Jury

The composition of the jury for each race is as follows:

- The technical Delegate or National Ski Judge
- The Referee (trainer of other Nation nominated in the captain meeting)
- The chef of race

3. Course Setter

3.1 Will be nominated in the captain meeting in according with all trainer and the Jury

3.2 Proof of appropriate experience in the setting of courses for Grass Ski competitions (children races)

4. Competition suite

Athletes must not wear a racing suit obligatorily

5. Helmets and back protector

In all events, all competitors and forerunners are obliged to wear crash helmets and back protector.

6. Starting ramp

6.1 It is recommended to set up a starting ramp for each category

6.2 The jury may decide, for the safety of the athletes, starting at different points from those set without ramp starting

6.3 The starting ramp must be formed from a platform of minimum 1 m x 1 m and an inclined part to connect with the sloping ground not higher than 20%.

7. Group draw and strat order

7.1 The starting order of the competitors in all competitions is determined by the draw of all participants divided by category and by sex. There aren't merit groups.

7.2 In extraordinary conditions, the Jury may change the starting order of categories

7.3 The starting order for the second run is determined by inverted the result list of the first run

8. Slalom gate

8.1 Consecutive gates must alternate in blue and red.

8.2 A gate must have a minimum width of 6 m and a maximum of 8 m. The distance between gates within combinations (hairpin or vertical) may not be less than 0.50 m. The distance from turning pole to turning pole of successive open or closed gates may not be less than 8 m and not more than 12 m.

8.3 Delayed turns must have a minimum distance of 12 m and a maximum distance of 15 m from turning pole to turning pole. The minimum distance from first and second gate of delayed turn may not be less than 3 m.

8.4 Number of Gates and Combinations of Gates:

U10 - U12: Maximum 2 hairpin combinations and maximum 1 vertical combination consisting of maximum 3 gates.

U14 – U16: Maximum 2 hairpin combinations and maximum 1 vertical combination consisting of 3 - maximum 4 gates.

8.5 The course should have no special technical difficulties.

8.6 Slalom gates :

U10, U12 – short, soft, gumm poles

U14, U16 – slalom poles, diameter from 25 mm to 27 mm

8.7 Slalom must be conducted in 4 runs for U10 and U 12 (2 runs in the first course and 2 runs in the second course). For the ranking of the race you take the best time in the first course plus the best time in the second course.

8.8 Slalom for U14 and U16 must be conducted in 2 runs on two different courses.

9. Giant slalom gate

9.1 A giant slalom gate consists of 4 slalom poles and 2 flags alternate blue and red.

9.2 A gate must have a minimum width of 6 m and a maximum of 8 m. The distance from turning gate to turning gate may not be less than 16 m and not more than 24 m.

9.3 Delayed turns must have a maximum distance of 31 m from turning gate to turning gate. The minimum distance from first and second gate of delayed turn may not be less than 5 m.

9.4 Giant Slalom must be conducted in 4 runs for U10 and U 12 (2 runs in the first course and 2 runs in the second course). For the ranking of the race you take the best time in the first course plus the best time in the second course.

9.5 Giant Slalom for U14 and U16 must be conducted in 2 runs on two different courses.

9.6 U14 and U16 are required to wear a crash helmet that confirms to the FIS competition equipment specifications.

10. Single poles

10.1 Single Pole Slalom or Single Gate Giant Slalom is permitted

10.2 A Single Pole Slalom or Single Gate Giant Slalom has no outside pole, except for the first and the last gate, a delay gate and combinations (hairpin, vertical).

10.3 Where there is no outside pole, both feet and ski tips must have passed the turning pole on the same side, following the natural race line of the slalom. The natural race line is an imaginary line from turning pole to turning pole, which the racer has to cross. If the racer has not correctly passed the natural race line, then he has to climb back up and pass around the missed turning pole. Where there is an outside pole (first and last gate, delay gate and combinations (hairpin, vertical) art. 661.4.1 ICR is valid.

11. Rules:

11.1 number of race starts:

every years it's possible to organize a minimum of 3 to a maximum of 5 weekend of races plus the International CampGS and SL competitions are organized in each stage. A maximum of 3 extra discipline (Gimkana) are organized during the season: 1 during the International Camp, 1 during the Final of Children Cup and 1 during the season.

11.2 overall results:

- all races are valid for the final ranking but it's cancel the worst result for each discipline (1 SL, 1 GS, and 1GK)
- in case of point equality:
 - 1) better individual race results
 - 2) number of starts
- the first three men and the first three woman for each categories in the overall ranking they are awarded by cups
- the FIS they take care of the payment of the prizes for overall ranking.

11.3 categories for 2023:

U10 -	2014 and younger
U12 -	2012,2013
U14 -	2010,2011
U16 -	2008,2009

11.4 maximum length and height of skis

- | | | |
|-----------|--------------|----------------|
| - U10,U12 | length 75 cm | height 11.0 cm |
| - U14 | length 85 cm | height 11.0 cm |
| - U16 | length 90 cm | height 11.0 cm |

11.5 fees for lift :

- maximum 10 € per race day

11.6 start fees:

- maximum 10 € per race

11.7 ranking points table:

place	points	place	points
1.	50	9.	7
2.	40	10.	6
3.	30	11.	5
4.	20	12.	
5.	16	13.	3
6.	12	14.	2
7.	10	15.	1
8.	8		

12. Children camp:

12.1 minimum number of days:

- the first day: arrival, accommodation and start camp
- three training days and others activities
- 2 race days (up to 3 competitions)

12.2 maximum price: 350.00- € all included (lodging, fees for lift, fees for race, alternative activities)

12.3 free coach for national teams:

1. less than 5 kids – none
2. 5 and more kids - one coach for free
3. 12 and more kids: 2nd trainers for free
4. Non-European States - 1 coach for free (even with a minimum number of kids).